

OUR SAVIOR LUTHERAN PRESCHOOL

LUNCH MENU CYCLE

Menu #

- 1 Chili & Rice, Corn, Pears
- 2 Ham Sandwich with cheese, Coleslaw, Applesauce
- 3 Beef Stew (or Beef Curry), Rice, Green Beans, Apple Wedges
- 4 Hamburger Goulash, Peas and Carrots, Pineapple Chunks
- 5 Peanut Butter & Jelly Sandwich, Carrot & Celery Sticks, Fruit Cocktail
- 6 Baked Beans & Franks, Bread, Spinach, Peaches
- 7 Chicken Nuggets & Rice, Corn, Apple Wedges
- 8 Grilled Cheese Sandwich, Mixed Vegetables, Jello w/ Fruit
- 9 Fried Rice with Ham, Peas, Mandarin Oranges
- 10 Cheeseburger, French Fries, Green Beans, Pears
- 11 Hamburger Stew, Rice, Spinach, Pears
- 12 Macaroni & Cheese with Ham, Peas, Pineapple Chunks
- 13 Turkey Sandwich with Cheese, Carrot & Celery Sticks, Apple Wedges
- 14 Fish Sticks, Bread, Corn, Pears
- 15 Chow Mein with Ham and Char Siu, Green Beans, Mandarin Oranges
- 16 Hot Dogs with Buns, French Fries, Carrot & Celery Sticks, Apple Wedges
- 17 Barbecue Chicken (or Shoyu Chicken), Rice, Corn, Peaches
- 18 Meatloaf, Rice, Peas, & Carrots, Peaches
- 19 Tuna Salad Sandwich, Coleslaw, Fruit Cocktail
- 20 Spaghetti, Tossed Salad, Applesauce

ALTERNATE MENU

- 1 Fish Sticks, Bread, Corn, Pears
- 2 Pizza, Carrot & Celery Sticks, Mandarin Oranges
- 3 Porcupine Meatballs, Carrots, Peaches