



## Our Savior Lutheran School Intramural Sports Program Kickball Rules!

Kicking order – Boy / Girl / Boy / Girl. If uneven, no more than two boys or two girls may kick in a row.

How to record an out

The umpire is always right

Balls and strikes and fouls and bunts and pitching

Infield rules for defense

Over the fence rules – on bounce - on fly

Defense positions and rotations (if necessary)

Forfeits

Uniforms and equipment

Running the bases (overrunning, after a catch, forces, etc.)

Plays at the plate and the bases (interference, ties, etc.)